



Heart disease is the no. 2 killer in NC\*  
 18,808 people in NC died of heart disease in 2017\*

Stroke is the no. 5 killer in NC\*  
 5,098 in NC died of stroke in 2017\*

- Adults who are current smokers
- Adults who participate in 150+ min of aerobic physical activity per week
- Adults who are overweight or obese+
- Adults who have been told that they have had a heart attack
- Adults who have been told that they have had a stroke
- Adults who have been told that they have angina or coronary heart disease
- Population of adults (18-64) who have some kind of health care coverage
- High school Students who are obese++
- Percentage of population covered by Medicaid/Chip+++

\* Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017.  
 ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."  
 \*\* List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.  
 \*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.  
 + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.  
 ++ Students who were 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017  
 +++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016