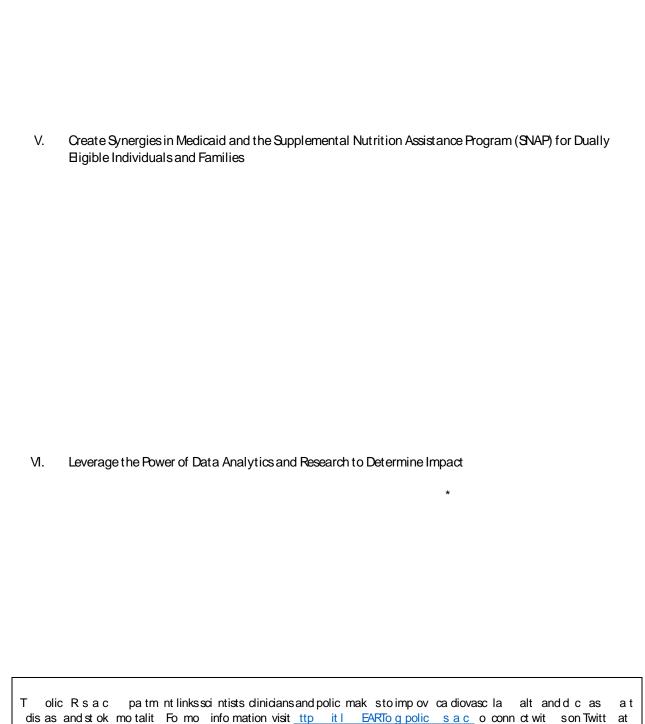


## Expanding Access to Healthy Food for Medicaid Beneficiaries

## Introduction



@Am atAdvocac singt as tag A A olic

mail polic sac@ atog

add d to t

olic Rsac

patm nts mail data as and to sta p to dat on o lat st polic positions pl as

<sup>1</sup> 2017 Actuarial Report on the Financial Outlook for Medicaid. Centers for Medicare & Medicaid Services.

https://www.cms.gov/Research-Statistics-Data-and-Systems/Research/ActuarialStudies/MedicaidReport.html. Published September 20, 2018. Accessed January 1, 2019.

- "Rudowitz R, Garfield R 10 Things to Know about Medicaid: Setting the Facts Straight. The Henry J. Kaiser Family Foundation. <a href="https://www.kff.org/medicaid/issue-brief/10-things-to-know-about-medicaid-setting-the-facts-straight/">https://www.kff.org/medicaid/issue-brief/10-things-to-know-about-medicaid-setting-the-facts-straight/</a>. Published November 13, 2018. Accessed January 1, 2019.
- iii Gallup, Inc. Medicaid Population Reports Poorest Health. Gallup.com. <a href="https://news.gallup.com/poll/223295/medicaid-population-reports-poorest-health.aspx">https://news.gallup.com/poll/223295/medicaid-population-reports-poorest-health.aspx</a>. Published December 7, 2017. Accessed January 1, 2019.
- iv Chapel JM, Ritchey MD, Zhang D, Wang G. Prevalence and Medical Costs of Chronic Diseases Among Adult Medicaid Beneficiaries. American Journal of Preventive Medicine. 2017;53(6).
- Vusing Nutrition as Medicine. U.S. News & World Report. <a href="https://www.usnews.com/news/healthiest-communities/articles/2018-06-25/medicaid-plan-in-pennsylvania-offers-tailored-meals-to-combat-illnesses">https://www.usnews.com/news/healthiest-communities/articles/2018-06-25/medicaid-plan-in-pennsylvania-offers-tailored-meals-to-combat-illnesses</a>. Published June 25, 2018. Accessed January 1, 2019.
- vi Gundersen C, Zliak JP. Food Insecurity and Health Outcomes. Health Affairs.
- https://www.healthaffairs.org/doi/abs/10.1377/hlthaff.2015.0645. Published November 1, 2015. Accessed January 1, 2019.
- vii Definitions of Food Security. U.S. Department of Agriculture Economic Research Service. <a href="https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/definitions-of-food-security.aspx">https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/definitions-of-food-security.aspx</a>. Accessed January 1, 2019.
- viii 2018 Food and Health Survey. Food Insight. <a href="https://www.foodinsight.org/2018-food-and-health-survey">https://www.foodinsight.org/2018-food-and-health-survey</a>. Published May 16, 2018. Accessed January 1, 2019.
- ix Cost Sharing Out of Pocket Costs. Centers for Medicare & Medicaid Services. <a href="https://www.medicaid.gov/medicaid/cost-sharing/out-of-pocket-costs/index.html">https://www.medicaid.gov/medicaid/cost-sharing/out-of-pocket-costs/index.html</a>. Accessed January 1, 2019.
- x Drewnowski A, Eichelsdoerfer P. Can Low-Income Americans Afford a Healthy Diet? Nutrition Today. 2010;44(6):246-249.
- <sup>xi</sup> Why Low-Income and Food-Insecure People are Vulnerable to Poor Nutrition and Obesity. Food Research & Action Center. http://frac.org/obesity-health/low-income-food-insecure-people-vulnerable-poor-nutrition-obesity. Accessed January 1, 2019.
- xii Food insecure people are vulnerable to obesity. Feeding South Dakota. <a href="https://feedingsouthdakota.org/news/food-insecure-people-are-vulnerable-to-obesity/">https://feedingsouthdakota.org/news/food-insecure-people-are-vulnerable-to-obesity/</a>. Accessed January 1, 2019.
- xiii Downer S, Greenwald R, Broad Lieb E, et al. Food is Prevention The Case for Integrating Food and Nutrition Interventions into Healthcare. Center for Health Law & Policy Innovation Harvard Law School. <a href="http://nrs.harvard.edu/urn-3:HULInstRepos:32151895">http://nrs.harvard.edu/urn-3:HULInstRepos:32151895</a>. Published July 2015. Accessed January 1, 2019.
- xiv Almendrala A. California Becomes The First State To Prescribe Food As Medicine. The Huffington Post.
- https://www.huffingtonpost.com/entry/california-food-program-medicaid\_us\_5af1ffb7e4b0ab5c3d6adae4. Published May 10, 2018. Accessed January 1, 2019.
- \*\* Medically Tailored Meals Pilot Program. California Department of Health Care Services.
- https://www.dhcs.ca.gov/services/ltc/Pages/Medically-Tailored-Meals-Pilot-Program.aspx. Accessed January 1, 2019.
- xvi Scope of Intervention. California Food is Medicine. https://calfimc.org/scope-of-intervention. Accessed January 1, 2019.
- xvii Fruit and Vegetable Prescription Program. Wholesome Wave.
- https://www.wholesomewave.org/sites/default/files/network/resources/files/FVRx Placemat\_Revised2-22-18.pdf. Published February 28, 2018. Accessed January 2, 2019.
- <sup>xviii</sup> 2016 Annual Report. Wholesome Wave. <a href="https://www.wholesomewave.org/news/2016-annual-report">https://www.wholesomewave.org/news/2016-annual-report</a>. Published November 16, 2017. Accessed January 1, 2019.
- xix Federal Requirements and State Options: How States Exercise Flexibility under a Medicaid State Plan. Medicaid and CHIP Payment and Access Commission. <a href="https://www.macpac.gov/publication/federal-requirements-and-state-options/">https://www.macpac.gov/publication/federal-requirements-and-state-options/</a>. Published August 2018. Accessed January 1, 2019.
- <sup>xx</sup> Medicaid Managed Care Market Tracker. The Henry J. Kaiser Family Foundation. <a href="https://www.kff.org/data-collection/medicaid-managed-care-market-tracker/">https://www.kff.org/data-collection/medicaid-managed-care-market-tracker/</a>. Published October 22, 2018. Accessed January 1, 2019.
- xxi List of Medicaid Benefits. Centers for Medicare & Medicaid Services. https://www.medicaid.gov/medicaid/benefits/list-of-benefits/index.html. Accessed January 1, 2019.
- xxii Bartfeld J, Gundersen C, Smeeding TM, Zliak JP. SNAP Matters How Food Stamps Affect Health and Well-Being. Stanford, CA: Stanford University Press; 2016.
- wiii Ellwood M, Downer S, Broad Leib E, et al. Food Is Medicine Opportunities in Public and Private Health Care for Supporting Nutritional Counseling and Medically-Tailored, Home-Delivered Meals. Center for Health Law and Policy Innovation Harvard Law School. <a href="http://nrs.harvard.edu/urn-3:HUL.InstRepos:32151131">http://nrs.harvard.edu/urn-3:HUL.InstRepos:32151131</a>. Published June 5, 2014. Accessed January 1, 2019.