



Basic Life Support Training for Healthcare Providers Guidance

*Note: This policy statement will form the basis for future AHA global advocacy statements on cardiac resuscitation and first aid

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Building on resuscitation treatment recommendations and guidelines previously published by international organizations,^{4, 8, 9} this policy statement sets forth guiding principles for implementation, execution, quality improvement and oversight of CPR and BLS training for healthcare providers.

AHA POSITION STATEMENT AHA supports high quality CPR and BLS training for healthcare providers to improve patient outcomes. We consider poor quality CPR to be a preventable harm.

Potential Global Impact of BLS Training

Healthcare providers in many countries are often not required to gain additional knowledge and skills in BLS. Moreover, there is no established, effective BLS training for healthcare providers on a global scale. However, research has shown that BLS training for healthcare providers not only improves resuscitation knowledge and skills and operational performance,^{10, 11, 24} it also improves patient outcomes.¹⁵

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