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Heart
n.

HEART.ORG/HCM

HYPERTROPHIC CARDIOMYOPATHY

Hypertrophic cardiomyopathy (HCM), the most common inherited heart disease, can affect people at any age. It occurs when the walls of the heart thicken and stiffen. As a result, the heart

HCM is chronic. It can get progressively worse and result in you being less able to do the activities you love. But early diagnosis, management and treatment may help reduce some of the

WORKING WITH YOUR HEALTH CARE PROFESSIONALS

Team up with your health care professionals to monitor and manage your condition. Discuss the

