

What You Need to Know About LDL (Bad) Cholesterol and Your Health

As a heart attack or stroke survivor, knowing the connection between high cholesterol and the risk of another cardiovascular event is vital.

However, less than half (49%) of heart attack and stroke survivors prioritize lowering their cholesterol.

70% of survivors can't properly identify 'bad' cholesterol

HDL 'good' cholesterol



LDL 'bad' cholesterol