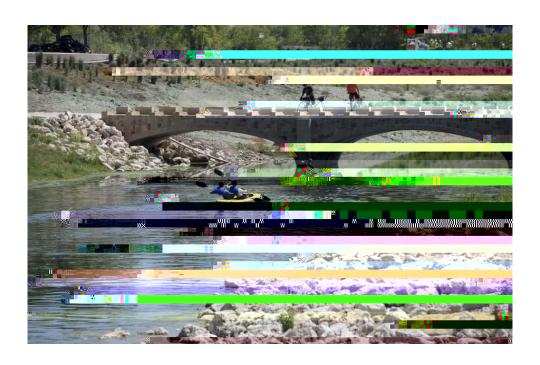
"Advancing Million Hearts®: AHA and State Heart Disease and Stroke Prevention Programs Working Together in Idaho"

July 27, 2016

Affiliates - Boise, Idaho

Meeting Summary



This one-day event was presented by the Million Hearts® Collaboration, co-chaired by the American Heart Association and the National Forum for Heart Disease and Stroke Prevention. Funding for this event is made possible (in part) by the Centers for Disease Control and Prevention for the Million Hearts® Collaboration.

Those invited to attend included colleagues from the American Heart Association, Idaho Department of Health and Welfare, local health agencies, health systems, health insurers, and professional associations.

Meeting Purpose:

Connecting staff from AHA Affiliates, state health departments and other state and local heart disease and stroke prevention partners to establish and engage in meaningful relationships around Million Hearts® efforts.

Meeting Objectives:

At the end of the meeting, participants will be able to:

- 1) Identify Million Hearts focused activities for 2016
- 2) Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches
- 3) List partner programs and resources that align with Million Hearts
- 4) Identify programs efforts that align and ways to work together
- 5) Create plan for follow-up to increase engagement
- 6) Recognize key contacts within heart disease and stroke prevention

Idaho Focus:

HTN Change package with presentation from Dr. Janet Wright

Attendance: 33

Facilitated Discussion Notes

- High level overview of the key areas recognized for collaboration:
 - o Identifying Undiagnosed Hypertension: HIPS
 - o Team- Based Care: Pharmacists, Community Health Workers
 - o Collaborative Practice Agreements
 - Working with Idaho Board of Pharmacies and Pharmacist Association on Medication Therapy Management
 - o AHA Policy Priorities:
 - Health insurance covografition (ma) (123) (133)

- o Local health districts, coalitions/partners coming together
- Sharing of goals across organizations
- o Strategic plan workgroup August new plan
- o Idaho Data Exchange
- Need to communicate to operational leaders about what is going on in districts or at clinical level (using champions)
- o Gather health system leaders to learn more with State Health Department
- o Other partners:
 - Physicians from health systems
 - Healthy Connections
 - Healthy Hearts Northwest
 - American Lung Association
- Content to share with s0.7 .2 (0.7 .24ha)0.9 (r)-7.7 (t)-4.8 (i)-8 cant

Notes

Address Uncontrolled Hypertension

| Organization | | Activity | |
|---|--|---|--|
| PHD HTN/DM Regional Coalition | Qualis Health | Training clients on SMBP QI Initiatives/Training | |
| SWDH (Community Health Assessment) | St. Alphonsus | Health Screenings/Health Fairs | |
| CDHD (Community Health Assessment) CDHD/Health District HTN/DM Coalition | St. Luke Health System, YMCA | Cardiac Rehab Efforts – Pilot program focused on lifestyle change | |
| SWDH | AHA | Get with the Guidelines | |
| SWDH and IDHW HDSP | St. Luke's | Learning Collaborative | |
| IDHW HDSP | Pharmacy and Primary Care | Collaborative Practice Agreements – MTM | |
| | IDHW | Reporting/data sharing/ aggregating/Monitoring measures and performance | |
| IHDE IHC IPCA | CDHD (All Health District Coordinators) | Academic detailing Best practices education and resources | |

Team-Based Care

| Organization | | Activity | |
|----------------------|-----------------------|--|--|
| South Central Public | St. Luke | Working with district coordinators | |
| Health | | Working with primary care providers | |
| SWDH | St. Luke/YMCA | Wellness Center | |
| SWDH | LHDs, Hospitals | Medical Health Neighborhoods – Meetings | |
| Health District 1 | | | |
| HTN/DM Coalition | | | |
| | County Commissions | Invite to help understand need and costs | |
| | and other elected | | |
| | officials | | |
| | IDHW | CHW Program | |
| | SHIP | | |
| | PCP | | |
| | DSME | | |
| | IHC (Idaho Healthcare | | |
| | Council) | | |
| | PHD (Academic | Get more preventative/team-based/lifestyle | |
| | detailing) | change healthcare professionals involved [| |
| | | increase referrals]: | |
| | | - RDs | |

| Organization | | Activity | | |
|----------------|-----------------|--------------------------------|--|--|
| | | - PTs - OTs, etc. - CDEs | | |
| Idaho Pharmacy | Million Hearts® | Team Up Pressure Down | | |

Smoking Cessation

| Or | ganization | Activity | |
|---------|-------------------------------|---------------------|--|
| | ID State Board of Pharmacy | | |
| St. ALS | Idaho PHDs | Classes | |
| | | Referrals | |
| | Project Filter | QuitNet | |
| | | QuitNow | |
| | St. ALS | Quit with Nancy | |
| | St. Luke's | Cessation Treatment | |
| | CHHD | SHIP PCMH Support | |

- - o Stories from the districts
- Local health districts, coalitions/partners com4eoehe()]TJ0 Tc 0 Tw2-3.4170 Td()TjEMC /LBody &MCID 40 BDC 25.252 -1.

Attendees

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| John Clymer | National Forum for Heart Disease and Stroke Prevention | Executive Director | |
|----------------------|--|------------------------------------|--|
| Julia Schneider | National Association of Chronic Disease Directors | Public Health Consultant, CVH Team | |
| Julie Harvill | American Heart Association | Million Hearts® Operations Manager | |
| Karyn Goodale-Durham | South Central Public Health District | | |
| Kimberly Thurston | Central District Health Department | QI Specialist | |
| Kym Schreiber | Idaho Department of Health and Welfare - SHIP | PCMH Project Manager | |
| Melissa Dilley | Central District Health Department | | |

Natalie Colla Panhandle Health District Ila