

**“Advancing Million Hearts®:  
AHA and State Heart Disease and Stroke Prevention  
Programs Working Together in Idaho”**

**July 27, 2016**

**Affiliates – Boise, Idaho**

**Meeting Summary**



This one-day event was presented by the Million Hearts® Collaboration, co-chaired by the American Heart Association and the National Forum for Heart Disease and Stroke Prevention. Funding for this event is made possible (in part) by the Centers for Disease Control and Prevention for the Million Hearts® Collaboration.

Those invited to attend included colleagues from the American Heart Association, Idaho Department of Health and Welfare, local health agencies, health systems, health insurers, and professional associations.

**Meeting Purpose:**

Connecting staff from AHA Affiliates, state health departments and other state and local heart disease and stroke prevention partners to establish and engage in meaningful relationships around Million Hearts® efforts.

**Meeting Objectives:**

At the end of the meeting, participants will be able to:

- 1) Identify Million Hearts focused activities for 2016
- 2) Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches
- 3) List partner programs and resources that align with Million Hearts
- 4) Identify programs efforts that align and ways to work together
- 5) Create plan for follow-up to increase engagement
- 6) Recognize key contacts within heart disease and stroke prevention

**Idaho Focus:**

HTN Change package with presentation from Dr. Janet Wright

**Attendance: 33**

**Facilitated Discussion Notes**

- **High level overview of the key areas recognized for collaboration:**

- Identifying Undiagnosed Hypertension: HIPS
- Team- Based Care: Pharmacists, Community Health Workers
  - Collaborative Practice Agreements
  - Working with Idaho Board of Pharmacies and Pharmacist Association on Medication Therapy Management
- AHA Policy Priorities:
  - Health insurance coverage for hypertension medication

- Local health districts, coalitions/partners coming together
  - Sharing of goals across organizations
  - Strategic plan workgroup – August new plan
  - Idaho Data Exchange
  - Need to communicate to operational leaders about what is going on in districts or at clinical level (using champions)
  - Gather health system leaders to learn more with State Health Department
  - Other partners:
    - Physicians from health systems
    - Healthy Connections
    - Healthy Hearts Northwest
    - American Lung Association
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**Notes**

**Address Uncontrolled Hypertension**

Organization		Activity
PHD HTN/DM Regional Coalition	Qualis Health	Training clients on SMBP QI Initiatives/Training
SWDH (Community Health Assessment)	St. Alphonsus	Health Screenings/Health Fairs
CDHD (Community Health Assessment) CDHD/Health District HTN/DM Coalition	St. Luke Health System, YMCA	Cardiac Rehab Efforts – Pilot program focused on lifestyle change
SWDH	AHA	Get with the Guidelines
SWDH and IDHW HDSP	St. Luke's	Learning Collaborative
IDHW HDSP	Pharmacy and Primary Care	Collaborative Practice Agreements – MTM
	IDHW	Reporting/data sharing/ aggregating/Monitoring measures and performance
IHDE IHC IPCA	CDHD (All Health District Coordinators)	Academic detailing Best practices education and resources

**Team-Based Care**

Organization		Activity
South Central Public Health	St. Luke	Working with district coordinators Working with primary care providers
SWDH	St. Luke/YMCA	Wellness Center
SWDH Health District 1 HTN/DM Coalition	LHDs, Hospitals	Medical Health Neighborhoods – Meetings
	County Commissions and other elected officials	Invite to help understand need and costs
	IDHW SHIP PCP DSME IHC (Idaho Healthcare Council)	CHW Program
	PHD (Academic detailing)	Get more preventative/team-based/lifestyle change healthcare professionals involved [ increase referrals]: - RDs

Organization		Activity
		<ul style="list-style-type: none"> <li>- PTs</li> <li>- OTs, etc.</li> <li>- CDEs</li> </ul>
Idaho Pharmacy	Million Hearts®	Team Up Pressure Down

**Smoking Cessation**

Organization		Activity
St. ALS	ID State Board of Pharmacy	
	Idaho PHDs	Classes Referrals
	Project Filter	QuitNet QuitNow
	St. ALS	Quit with Nancy
	St. Luke's CHHD	Cessation Treatment SHIP PCMH Support

- Increase engagement/communication with legislators
  - o Invite to Board of Health meetings
  - o Need to see numbers and costs
  - o Stories from the districts
- Local health districts, coalitions/partners

## Attendees

Adria Masoner



John Clymer	National Forum for Heart Disease and Stroke Prevention	Executive Director
Julia Schneider	National Association of Chronic Disease Directors	Public Health Consultant, CVH Team
Julie Harvill	American Heart Association	Million Hearts® Operations Manager
Karyn Goodale-Durham	South Central Public Health District	
Kimberly Thurston	Central District Health Department	QI Specialist
Kym Schreiber	Idaho Department of Health and Welfare - SHIP	PCMH Project Manager
Melissa Dilley	Central District Health Department	

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Panhandle Health District

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