



Million Hearts®Resources

Million Hearts®

- x Million Hearts® Partner Materials
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- x Medication Adherence
{ HYPERLINK "https://millionheartshhs.gov/toolsprotocols/medicationadherence.html"}
A webpage of tools

A collection of Million Hearts clinical messages and quality improvement tools that partners can easily share with their clinical audience.

Clinically-Focused Programs

- x Million Hearts Hypertension Control Challenge
{ HYPERLINK "http://millionhearts.hhs.gov/partners-progress/champions/index.html" }
 - o Hypertension Control Champions Success Stories
{ HYPERLINK "https://millionhearts.hhs.gov/partners-progress/champions/success_stories.html?Sort=Title%3A%3Aasc" }
- x Million Hearts Hospitals & Health Systems Recognition Program
{ HYPERLINK "https://millionhearts.hhs.gov/partners-progress/hospitals-health-systems/index.html" }
- x Million Hearts Cardiovascular Disease Risk Reduction Model
{ HYPERLINK "https://innovation.cms.gov/initiatives/Million-Hearts-CVDRRM/" }
- x EvidenceNOW: Advancing Heart Health in Primary Care
{ HYPERLINK "http://www.ahrq.gov/professionals/systems/primarycare/evidencenow.html" }
- x TAKEheart AHRQ Initiative To Increase Use of Cardiac Rehabilitation
{ HYPERLINK "https://takeheart.ahrq.gov/" }

Public Health and Community Resources and Programs:

- x Cardiovascular Health: Action Steps for Employers
{ HYPERLINK "http://millionhearts.hhs.gov/files/MH_Employer_Action_Guide.pdf" }
- x CDC State Heart Disease and Stroke Prevention Programs
{ HYPERLINK "http://www.cdc.gov/dhdsp/programs/index.htm" }
- x National Diabetes Prevention Program
{ HYPERLINK "https://www.cdc.gov/diabetes/prevention/index.htm" }
- x Healthy is Strong
{ HYPERLINK "http://millionhearts.hhs.gov/learn/prevent/healthyis-strong.html" }
- x Medication Adherence: Action Steps for Health Benefit Managers
{ HYPERLINK "https://millionhearts.hhs.gov/files/MH_MedicationActionGuide.pdf" }
- x Medication Adherence Action Steps for Public Health Practitioners
{ HYPERLINK "https://millionhearts.hhs.gov/files/MedicationAdherenceActionGuidefor-PHPs.pdf" }
- x Self-Measured Blood Pressure Monitoring: Action Steps for Public Health Practitioners
{ HYPERLINK "http://millionhearts.hhs.gov/files/MH_SMBP.pdf" }

- x Heart Age Predictor
{ HYPERLINK "http://www.cdc.gov/vitalsigns/cardiovascular-disease/heartage.html" }
- x High Blood Pressure: How to Make Control Your Goal
{ HYPERLINK "https://millionhearts.hhs.gov/files/TipSheet_How_to_MCYG_General.pdf" }
{ HYPERLINK "https://millionhearts.hhs.gov/files/TipSheet_How_to_MCYG_General.pdf" }
- x Million Hearts® ECards & Shareables
{ HYPERLINK "https://millionhearts.hhs.gov/news-media/media/ecards.html" }
- x Million Hearts® Videos (on YouTube)
{ HYPERLINK "https://www.youtube.com/playlist?list=PLvvp9iOILTQYAJrt76ixYoG7YTIFR" }
- x Recipes for a Heart Healthy Lifestyle
{ HYPERLINK "https://millionhearts.hhs.gov/learn/prevent/recipes.html" }
- x The Scoop on Statins: What Do You Need to Know?
{ HYPERLINK "https://millionhearts.hhs.gov/learn/prevent/scoop-on-statins.html" }
- x SmokeFree (SF)
{ HYPERLINK "http://smokefree.gov/" }
- x Supporting Your Loved One with High Blood Pressure
{ HYPERLINK "https://millionhearts.hhs.gov/files/TipSheet_LovedOne_AA.pdf" }
- x Visit Checklist
{ HYPERLINK "https://millionhearts.hhs.gov/files/TipSheet_HCP_Checklist.pdf" }

Supportive Campaigns and Initiatives

- { HYPERLINK "https://www.ahrq.gov/pcor/dissemination-of-pcor/cardiac-rehabilitation.html" }
- x Active People, Healthy Nation
{ HYPERLINK "https://www.cdc.gov/physicalactivity/activepeople/healthynation/index.html" }
- x Brain Attack Coalition
{ HYPERLINK "https://www.brainattackcoalition.org/" }
- x Million Hearts® and CDC Emergency Care for Heart Disease During COVID-19 Public Service Announcement
{ HYPERLINK "https://www.youtube.com/watch?v=0Q6VTSfvTZU" }
- x Million Hearts® and CDC Maintaining Heart Health During COVID-19 Public Service Announcement
{ HYPERLINK "https://www.ahrq.gov/pcor/dissemination-of-pcor/cardiac-rehabilitation.html" }
- { HYPERLINK "https://www.youtube.com/watch?v=d65HUqRsLec" }
- x Mind Your Risks
{ HYPERLINK "https://mindyourrisks.nih.gov/" }
- x Release The Pressure
{ HYPERLINK "https://ama-v-1.webflow.io/" }
{ HYPERLINK "https://www.releasethepressure.org/" }
- x Target: BP
{ HYPERLINK "https://target.org/" }
- x Tips from Former Smokers
{ HYPERLINK "https://www.ahrq.gov/pcor/dissemination-of-pcor/cardiac-rehabilitation.html" }

- x Million Hearts® eUpdate
{ HYPERLINK
"https://millionhearts.hhs.gov/news
media/news.html" }
- x Million Hearts® SMBP Form
{ HYPERLINKmailto:MillionHeartsSMBP@nachc.org
}
- x Million Hearts® on Facebook
{ HYPERLINK
"https://www.facebook.com/millionhearts/" }
- x @MillionHeartsUS on Twitter
{ HYPERLINKhttps://twitter.com/MillionHeartsUS }



Self-Measured Blood Pressure Monitoring (SMBP) Resources

Featured Webpage:

x **Million Hearts®**

- x **Topline Findings: A National Analysis of Self-Measured Blood Pressure Monitoring Coverage and Reimbursement**

https://cdn.ymaws.com/www.chronicdisease.org/resource/resmgr/website-2020/consultants/cvh/smbp/smbp_coverage_topline_analys.pdf

A listing of public and private payers that offer coverage of home blood pressure monitors.

Select Case Studies:

- x **National Association of Community Health Centers (NACHC): Self-measurement: How patients and care teams are bringing blood pressure to control**

<https://www.youtube.com/watch?v=XGO-I59UMDg> (full video)

<https://youtu.be/VNQQ8ranUZo> (D Story)

<https://youtu.be/malq4KnCESY> (Natalia)

A video describing the experience of three community health centers in providing SMBP and the stories of their patients who used SMBP to improve their health.

- x **Hypertension Control Champions Success Stories**

https://millionhearts.hhs.gov/partners-progress/champions/success_stories.html

A webpage with SMBP success stories from the Million Hearts® Hypertension Control Champions, those clinicians, practices, and/or health systems recognized by CDC for achieving exemplar hypertension control rates.

- x **Lone Star Circle of Care**

<https://www.ama-assn.org/delivering-care/hypertension/bp-control-success-story-starts-patient-homes>

- x **Ochsner Health Hypertension Digital Medicine Program**

https://www.ochsner.org/servic* n 1 612tee