

merican Heart Association®
Outpace CVD

This guide was created to provide resources to assist health care organizations in overcoming barriers to prescribing medications for diabetes according to current treatment guidelines. This guide provides resources targeted for clinician and patient use and is broken down according to the intended audience. This guide provides useful ways for health care professionals to initiate conversations with their patients about using guideline recommended therapies.

Use these resources to assist in making treatment decisions for your patients. Work through issues your patients may be having with taking their medications as prescribed.

Use the tools below to guide in making evidence-based treatment decisions. Help patients stick to prescribed treatment plans.



Implement a medication adherence program



Patient Engagement Toolkit for self-assessments and care management plans



Understanding cost considerations and other health disparities



Stay up to date on current recommendations with the *ADA 2023 Treatment Guidelines*



Facilitate meaningful conversations with the shared decision-making guide

Motivational interviewing is the cornerstone of patient centered care. Use the below webinars to learn how you can apply these skills to your practice and help patients make decisions about their medications.



Foundations of motivational interviewing



Lifestyle modification and motivational interviewing

