



adults have undiagnosed diabetes

adults have diagnosed diabetes

adults have prediabetes (based on 2017-2020 data)

The American Heart Association (AHA) is a major source for monitoring cardiovascular health, risk factors, and disease in the US and global population. It is published annually in Circulation and can be accessed for free at

per 100,000

per 100,000

On average,

in the United States reported achieving adequate leisure-time aerobic and muscle-strengthening activities to meet the physical activity guidelines.



